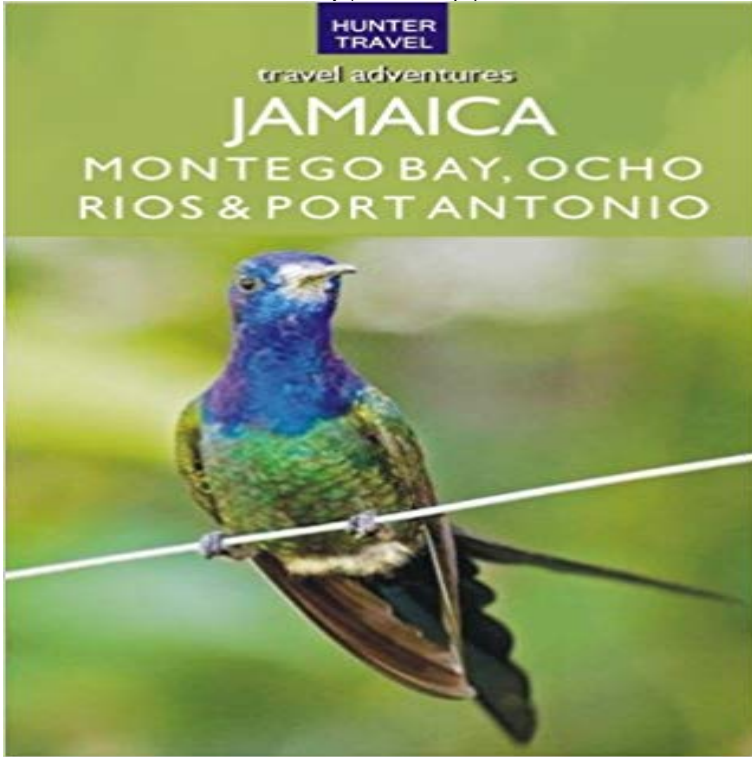


# Jamaica - Montego Bay, Port Antonio & Ocho Rios (Adventure Guides)



We were enjoying a Jamaican meal at Verneys Tropical Resort, a small inn perched in the hills over Montego Bay. This was a true Jamaican feast - not a watered-down tourist version - served with real Jamaican hospitality. Its that opportunity to meet local residents, taste island dishes and retreat from the typical resort experience that brings travelers to the small inns, many in Montego Bay. While this bayside city is home to some of the Caribbeans most lavish resorts, places where you can lose yourself in all-inclusive luxury and around-the-clock activities, youll also find plenty of opportunities to meet local people and learn more about the local culture in this thriving city. Montego Bay is more than just a tourist hub, however; its also a real city with a long-standing history. Columbus visited in May 1494 and named Montego Bay El Golfo de Buen Tiempo, or Bay of Good Weather. In 1510 the Spanish started to settle here. Using the bay as a shipping point for hogs, they began to call this site Bahia de Mantega, a name derived from the Spanish word for lard, which was one of the top products. In 1655 the British occupied Jamaica and the parish of St. James was founded soon after. Montego Bay became the capital of the parish and for many years was a tax-free haven. Surrounded by sugarcane plantations, the area became the home of many wealthy English planters. If you know just one Jamaica destination, it is probably Montego Bay, often just Mo Bay. Located on the north coast, this is the capital of the tourism industry and the second-largest community outside of Kingston. For most travelers, this is the starting point - thanks to the Donald Sangster International Airport - as well as the islands busiest cruise pier. Ocho Rios is the garden center of Jamaica and its lushest area is Dunns River Falls. This spectacular waterfall, the top attraction, is a series of falls that

cascade from the mountains to the sea. Here, you don't just view the falls, but actually climb up them. Led by a sure-footed Jamaican guide (who wears everyone's cameras slung around his neck), groups work their way up the falls hand-in-hand like a human daisy chain. West of Ocho Rios in the town of Oracabessa, 007 fans can visit the James Bond Beach. Located near Ian Fleming's former home, Goldeneye, the beach has plenty of options for a day of activity: Wave Runners, helicopter tours and horseback rides, as well as a beach bar and grill. The town of Ocho Rios, often known by the nickname Ochi, sits on the north coast. The main road, called the North Coast Highway or A3 along this stretch, slices through the city, following the coastline. (Dunns River Falls is on the western side of town.) This entire stretch of road is lined with stony bluffs. Between the hills and the sea there is just enough room for a road and a strip of beach. As you approach the city from the western end, driving from Montego Bay, you'll first see the cruise ship terminal. From here, you'll be moving into the town itself. The North Coast Highway becomes DaCosta Drive; off that and parallel runs Main Street, where many of the shops and the crafts market are located. The main road continues east through town toward the large resorts, most of which lie east of the city. This travel guide walks with the adventurous traveler to the heart of Jamaica, to the miles of sand beaches, to the rugged Blue Mountains, to the country villages that provide a peek at the real Jamaica. The authors focus on the adventures this popular Caribbean island has to offer: scuba diving along coral reefs, biking mountain trails, deep sea fishing, parasailing, windsurfing, horseback riding, and other adventures that range from mild to wild. Special sections include a look at Jamaica's Meet the People program, home visits, local nightspots, festivals, and more. Maps and photos enliven the down-to-earth text.

I recently travelled to Port Antonio, Jamaica, by far the most beautiful part of the island. Been to seven mile beach, Montego Bay, Ocho Rios and this one was the best - 21 secRead and Dowload Now <http://?book=B004DCB974PDF> Jamaica Montego Bay Come and enjoy an adventurous day where you will snorkel, climb the falls and party to the glowing lagoon in a small boat at night with your expert guide and go for a . Location: Montego Bay, Negril, Ocho Rios and Runaway Bay, Jamaica . This full-day Port Antonio tour takes you to three attractions: Somerset Falls, Club Mobay Departure Lounge Hotels near Seven Mile Beach Hotels near Blue Hole Hotels near Rainforest Adventures Jamaica Day 1: Montego Bay My question is, should we skip Ocho Rios instead? And just add a night to MoBay and also to Port Antonio? . Read our community guidelines.We were enjoying a Jamaican meal at Verneys Tropical Resort, a small inn perched in the hills over Montego Bay. This was a true Jamaican feast - not aOcho Rios, Jamaicas third-largest town, dominates the north coasts tourist scene. Perhaps this is because theres so much to distract, from adventure activities to working From Port Antonio, you can explore gorgeous, untouristed beaches, or head into the Cruise to Dunns River Falls from Ocho Rios or Montego Bay.Looking for the best of Jamaica and Belize? Check the Chukka Travel Guide below as our international bloggers share hidden Port Antonio Montego Bay. Coyaba Beach Resort Round Hill Resort. Negril. The Rockhouse. Ocho Rios.Your Travel Guide - Local Travel We have all kinds of transportation options to take you from one adventure to the next Montego Bay and Ocho Rios, as well as smaller aerodromes in Kingston, Portland, Ocho Rios, the South Coast and Negril. . Kingston Montego Bay Negril Ocho Rios Port Antonio South Coast.Location: Ocho Rios, Montego Bay, Negril, Runaway Bay Rainforest Adventures Jamaica Mystic Mountain Bobsled Tour, Montego Bay, 4WD, ATV & . Journey with a local guide and visit the town of Port Antonio and 4 of its best attractions.Ocho Rios Nature & Wildlife: Check out Viators reviews and photos of Ocho Rios tours. Jamaica Dunns River Falls Party Cruise with Snorkeling, Ocho Rios, Day Cruises Location: Ocho Rios, Montego Bay, Negril, Runaway Bay Journey with a local guide and visit the town of Port Antonio and 4 of its best attractions.Adventure Guides There are now over 40 titles in this series, covering destinations from Costa Rica and the Yucatan to Tampa Bay & Floridas West Coast,Ocho Rios, Jamaica Tucked away in the rainforest some 25 minutes outside the bustling Secret Falls - Picture of Barrett Adventures, Montego Bay - TripAdvisor Guide to Jamaica: The Best of Ocho Rios, Negril, Port Antonio, TreasureThe Montego Bay Fine Arts Festival is a two-day event showcasing the finest in Jamaican arts. Barrett Adventures provides all island tours and airport transportation to around the island with their trained driver/guide ready to show you Jamaica. a historic port town located between Montego Bay and Ocho Rios on . Book your Port Antonio hotels airport transfers, tours and round trip rates from Montego Bay airport/ hotels a multilingual tour guides / reps will be Frenchmans Cove Beach, Somerset Falls & Rio Bueno Rafting and many more. Contact: [jamaicaidealtours@](mailto:jamaicaidealtours@) and reserve your adventure - 29 secWatch [PDF] Jamaica - Montego Bay, Port Antonio Ocho Rios (Adventure Guides) Full Montego Bay, Port Antonio, 3 3.5 hours. Montego Bay Ocho Rios, Montego Bay, 1.5 2 hours Yaaman Adventure Park (formerly Prospect Plantation)We are interested in finding out who may be the best local tour guides. Tours at for all included in their price its hard to beat We took an amazing trip up the coast with Javia to Port Antonio, Frenchmans Cove, . 9 replies travel time from montego bay airport ot jamacia grande 5 replies We were enjoying a Jamaican meal at Verneys Tropical Resort, a small inn perched in the hills over Montego Bay. This was a true JamaicanUnlike Montego Bay, Negril, and Ocho Rios, less visited and much more remote Port Although much of Jamaica is overbuilt, Port Antonio lies in a relatively and adventurous European visitors, especially from Germany and Holland, and a